



2023 IMPACT REPORT



Talitha Arts

2023

Reg. Charity: 1162475

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2023



Impact Report

Talitha Arts Year at a Glance

Dear Friend,

2023 – what a year! We’ve had a garden at the Chelsea Flower Show, record numbers for programmes and outstanding workshop feedback. It’s been a year to remember at Talitha Arts, and we are so grateful to you for your support in helping to make it such a special one.

In 2023, Talitha’s objective was to “**steadily and surely plant roots to ensure stable and healthy growth**” in 4 key areas:

Partners & Programmes

We delivered **62** workshops with **13** partners, and **556** individual engagements with people with disabilities and long-term mental health issues – **our highest numbers to date**.

See our exceptional impact statistics on the following page and in this report.

Practitioner Base

We shadowed and inducted new practitioners, which increased the available practitioner base by **65%** – creating a solid foundation for expansion in 2024.

Fundraising & Finance

We gained a **35%** increase in income, our **highest amount to date**.

Outreach & Networks

Notably, in 2023, Talitha Arts had a garden in the 2023 Chelsea Flower Show, bringing unprecedented national and international media attention, and increasing online engagement by 2050%. The **Talitha Arts Garden** was relocated to Talitha Arts’ partner, St. Margaret’s House, where it is enjoyed by the public and used by Talitha for events and workshops.

A huge thank you for transforming so many lives this year through your support. We hope the following report will show what a remarkable impact you’ve made.

love & light,

A handwritten signature in black ink, appearing to read "Jenna Thorne".

Jenna Thorne
Artistic Executive Director

2023 Highlights

62

Workshops

a 31% increase
from 2022

13

Partners

a 39% increase
from 2022

556

Engagements

a 26% increase
from 2022

97 000

Income

a 35% increase
from 2022

Talitha's Workshops

100%

Mental Wellbeing
Strongly Improved

100%

**Felt more
Connected**
and part of a
Community

100%

Able to recognise
new **qualities** and
strengths

97.5%

Feel more hopeful
about the **future**

95%

Confidence
grew significantly

2023



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Beneficiary Breakdown

54%

Women in Refuge
survivors of sexual
violence, trafficking
and domestic abuse

23%

Young People with
complex mental
health issues and
unaccompanied
minor refugees

16%

**Mental Health and
Wellbeing Hubs**

8%

Dementia Patients



2023

Impact Report

Women in Refuge



Our Partners:



In order to measure our outcomes, we collected data through feedback forms both before and after the workshops and programme from **300 individual engagements**:

Impact Highlights



Mental Wellbeing

Strongly Improved



Confidence

grew significantly



Felt more Connected

and part of a **Community**



feel more **hopeful** about their **future**



able to recognise their **qualities and strengths**



I had courage to say things out loud I never thought I would.
- Ella's Participant



2023

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Young People (refugees and migrants)



THE
MINDS
PROJECT

Our Partners:



In order to measure our outcomes, we were able to collect data from feedback forms, combined with conversations following workshops. Feedback is collected from **128 individual engagements**.

Impact Highlights



felt more **connected** with peers after first workshop



felt more **Confident** after first workshop



Felt **more Creative** after first workshop



“ They were able to express themselves, gain more confidence and work with other girls they hadn't met before. -Baytree Centre ”



2023



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Mental Health and Wellbeing Hubs

Our Partners:



In order to measure our outcomes, we collected data from feedback forms from **89 individual engagements**.

Impact Highlights



Mental Wellbeing

Strongly Improved



Confidence

grew significantly



Felt more Connected

and part of a **Community**



feel more **hopeful** about their **future**



able to recognise their **qualities and strengths**



“Thank you for your openness and sensitivity. Beautiful session- i really felt free to connect to myself on a deeper level here; very moving experience”



2023

Impact Report

Dementia Care



in order to measure our outcomes, we collected feedback from Care Home staff, and asked participants how they were feeling following the workshops. The feedback is from **45 individual engagements**.

Feedback:

"I'd like to tell you about a resident, a new resident, when he arrived I didn't anticipate that he'd join in any activities. We invited him to Talitha and he's absolutely thriving. He loves every session and I can see how he is blooming and enjoying himself every single time. It is clear to me from his body language, the way he smiles, the way he laughs that he really feels like a valued member of the group." – Sarah Whitey, Activities Organiser, Dalemead Care Home

"Jolly and Relaxing"

"the best thing to come to"

"Thank you for all the fun!"

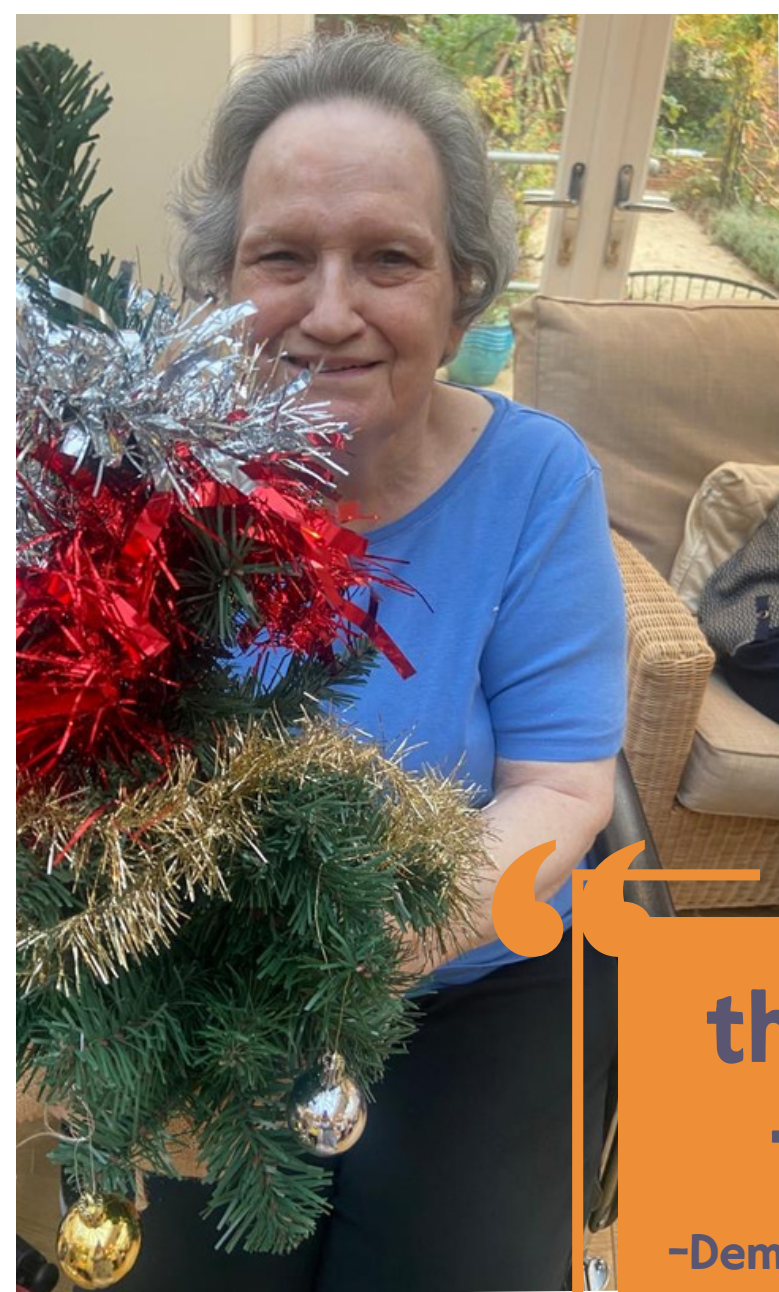
"Enjoyable – you've all been so nice!"

"Very enjoyable, happy people"

"It broke up the day, which is so needed"

"a lovely, creative time"

"I've had a tough time recently ... so this was a needed escape"



**the best thing
to come to**
-Dementia workshop participant



2023



Impact Report

The Talitha Arts Garden at the Chelsea Flower Show



2023 saw Talitha Arts contend with some of the largest charities on a global platform - at the RHS Chelsea Flower Show 2023.

We have seen our income rise, partners increase and supporters diversify, as we raised awareness of our transformative work through the garden, designed by Joe and Laura Carey.



We received a **Gold Medal** and **Best in Show** in the All About Plants Category.

The legacy of the Talitha Arts Garden continues ... our garden has been relocated to our partners, St. Margaret's House, where we are sharing the garden's rewards with our beneficiaries - ensuring the garden can nurture Talitha Arts spirit of healing for years to come.

Numbers summary

97,000

Income this year

+80%

Increase in Newsletter sign ups (and 56% average uplift across social media)

2050%

Increase in website engagement



THANK YOU
for all your support
transforming lives
through the arts!

