

Trustee Opportunity at Talitha Arts

Who We Are

Talitha Arts is a creative arts charity that delivers bespoke therapeutic arts workshops to support the mental health and well-being of individuals who have experienced trauma (including trafficking, domestic and sexual abuse, homelessness, dementia, addiction, or disability), young people and those in need of mental health support. Guided by our small leadership team, our 15 professional practitioners combine creative arts and therapeutic practices to foster community and empower participants.

- Our Mission: To use the power of the therapeutic arts to enable transformation in those in need of mental health support.
- Our Vision: To empower individuals and communities through creative workshops that promote mental well-being, enabling people to reach their full potential.

The Opportunity

This is an exciting, transformative time to join Talitha Arts. We are actively growing our impact, refining our operational frameworks, and developing new avenues for income generation.

We are seeking dedicated volunteer Trustees to join our current board of five, which currently holds backgrounds in HR, creative arts, coaching, and leadership. To support our next phase of growth, we are specifically looking for individuals interested in one or more of the following key officer and advisory roles:

- Chair
- Secretary
- Finance / Treasurer
- Fundraising Lead

- Equity, Diversity, and Inclusion (EDI) Lead

The Role & What We're Looking For

We're looking for collaborative, thoughtful strategic thinkers who are comfortable asking constructive questions. While prior voluntary sector experience is helpful, it is not essential. We are looking for candidates who bring experience across at least one of these core areas:

- Finance: Understanding of financial management, charity accounting, or budgeting.
- Fundraising: Experience with trusts, foundations, grant applications, or funder relationships.
- Sector Knowledge: Familiarity with creative arts, therapeutic practice, youth work, or the EDI landscape.

You do not need to be an expert in all areas. What matters most is a genuine commitment to our mission and a willingness to contribute actively.

Time Commitment & Location

- Hours: Approximately 4–6 hours per month.
- Meetings: The Board meets formally four times a year. Two meetings are held by video conference, and two are held in person in Bethnal Green, London.
- Expenses: This is a voluntary position. All reasonable expenses—including travel, childcare, and accessibility needs—will be fully reimbursed.

Equal Opportunities & Lived Experience

At Talitha Arts, we are committed to creating an inclusive environment, celebrating diversity, and valuing different backgrounds. We warmly encourage applications from all

walks of life. We are particularly keen to hear from global majority candidates, young people, individuals with disabilities, and LGBTQI+ applicants.

Because we support people navigating trauma, mental health struggles, and social disadvantage, we believe that lived experience brings invaluable empathy and insight to our leadership. If you have personal insight into any of the challenges our participants face, we warmly invite you to apply.

If you require any reasonable adjustments or alternative formats during the application process, please let us know.

How to Apply

Please apply by submitting your CV and a brief cover letter outlining your interest and relevant experience to jenna@talitha.org.uk

- Application Deadline: 29th July 2026 at 6:00pm.
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Person Specification

Category	Essential Criteria	Desirable Criteria
Mission & Values	<ul style="list-style-type: none"> • Passion for supporting survivors of trauma and disadvantaged communities. • Commitment to equity, diversity, and inclusion. • Alignment with Talitha's aims, objectives, and therapeutic arts approach. • Respect for the charity's Christian roots and heritage (Talitha is non-religious, open to all faiths & none/non-proselytising). 	<ul style="list-style-type: none"> • Personal lived experience or deep community connection to the specific challenges our participants face.
Governance & Strategy	<ul style="list-style-type: none"> • Ability to think strategically, creatively, and engage in board-level discussions. • Understanding and acceptance of the legal duties and liabilities of a trustee/director. • Commitment to Nolan's Seven Principles of Public Life (integrity, objectivity, accountability, etc.). 	<ul style="list-style-type: none"> • Prior experience as a trustee or non-executive director. • Experience with charity governance or working within the non-profit sector.

<p>Skills & Attributes</p>	<ul style="list-style-type: none"> • Excellent interpersonal, team-working, and collaborative skills. • Sound, independent judgment and the confidence to ask constructive, difficult questions. • Highly reliable, organized, and dedicated to following through on commitments. 	<ul style="list-style-type: none"> • Practical experience or knowledge of charity finance, budgeting, or fundraising. • Specific expertise in therapeutic arts, mental health services, or trauma-informed care.
<p>Commitment</p>	<ul style="list-style-type: none"> • Willingness to devote the necessary time and effort to prepare for and attend quarterly meetings. 	
